

ZC 2026: Session: 2: COACH evaluation sheet for TEAM: ZN

Coachinfo: Warming up from: 13:00 until 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Neiryndck Jan

Coaches: Vanhaesebroeck Nicolas HEADCOACH

Coaches: Wouters Ivan

Coaches: Van Dooren Glenn

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 10: 100M BUTTERFLY WOMEN 13-14 **Heat:3, starttime: 14:05**

Heat: 3/4 Lane : 1 Athlete: DIRICKX FINNE **Q-time: 01:29:92**

PB (50m pool): 01:33.16 Wezenberg 01/02/2026 **PB (25m pool): 01:30.83 SB: 01:33.16 Wezenberg 01/02/2026**

	50 M	100 M	
PB	00:42.26	01:33.16	
	00:42.26	00:50.90	
	

Coach feedback:

Event number: 10: 100M BUTTERFLY WOMEN 13-14 **Heat:3, starttime: 14:05**

Heat: 3/4 Lane : 7 Athlete: GEELEN GUUSJE **Q-time: 01:29:09**

PB (50m pool): 01:29.09 Antwerpen 15/03/2026 **PB (25m pool): 01:36.09 SB: 01:29.09 Antwerpen 15/03/2026**

	50 M	100 M	
PB	00:39.53	01:29.09	
	00:39.53	00:49.56	
	

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 15+ **Heat:4, starttime: 14:33**

Heat: 4/15 Lane : 6 Athlete: GISCA DANIIL **Q-time: 01:05:89**

PB (50m pool): 01:09.32 Antwerpen 15/03/2026 **PB (25m pool): 01:05.89 SB: 01:09.32 Antwerpen 15/03/2026**

	50 M	100 M	
PB	00:33.22	01:09.32	
	00:33.22	00:36.10	
	

Coach feedback:

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Event number: 12: 100M FREESTYLE MEN 15+ Heat:14, starttime: 14:48

Heat: 14/15 Lane : 6 Athlete: KEKEC SAMIR Q-time: 00:58:56

PB (50m pool): 01:00.25 Antwerpen 15/03/2026 **PB (25m pool): 00:58.31 SB: 01:00.25 Antwerpen 15/03/2026**

	50 M	100 M	
PB	00:29.06	01:00.25	
	00:29.06	00:31.19	
	

Coach feedback:

Event number: 13: 200M MEDLEY MEN 11-12 Heat:4, starttime: 15:05

Heat: 4/9 Lane : 3 Athlete: LENAERTS RUBEN Q-time: 03:24:39

PB (50m pool): 03:24.39 Lago Kortrijk Weide 03/05/2026 **PB (25m pool): no time SB: 03:24.39 Lago Kortrijk Weide 03/05/2026**

	50 M	100 M	150 M	200 M	
PB	00:47.42	01:38.54	02:42.53	03:24.39	
	00:47.42	00:51.12	01:03.99	00:41.86	
	

Coach feedback:

Event number: 13: 200M MEDLEY MEN 11-12 Heat:7, starttime: 15:16

Heat: 7/9 Lane : 2 Athlete: VANHAESEBROECK LOUIS-EMILE Q-time: 03:15:09

PB (50m pool): 03:15.09 Sportoase De Watermolen 24/05/2026 **PB (25m pool): 03:18.46 SB: 03:15.09 Sportoase De Watermolen 24/05/2026**

	50 M	100 M	150 M	200 M	
PB	00:46.65	01:35.10	02:33.61	03:15.09	
	00:46.65	00:48.45	00:58.51	00:41.48	
	

Coach feedback:

Event number: 14: 50M BACKSTROKE WOMEN 13-14 Heat:4, starttime: 15:33

Heat: 4/6 Lane : 5 Athlete: GEELEN GUUSJE Q-time: 00:40:39

PB (50m pool): 00:46.99 Eindhoven 24/03/2024 **PB (25m pool): 00:40.39 SB: no time**

	50 M	
PB	00:46.99	
	00:46.99	
	

Coach feedback:

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Event number: 17: 100M BACKSTROKE MEN 15+		Heat:4, starttime: 16:10	
Heat: 4/9 Lane : 5 Athlete: GISCA DANIIL		Q-time: 01:15:06	
PB (50m pool): 01:18.97 Antwerpen 15/03/2026		PB (25m pool): 01:15.06 SB: 01:18.97 Antwerpen 15/03/2026	
	50 M	100 M	
PB	00:38.51	01:18.97	
	00:38.51	00:40.46	
	

Coach feedback:

Event number: 18: 50M BUTTERFLY WOMEN 11-12		Heat:1, starttime: 16:23	
Heat: 1/10 Lane : 4 Athlete: VAN HASSEL FEMKE		Q-time: 00:58:63	
PB (50m pool): 00:58.63 Wezenberg 01/02/2026		PB (25m pool): no time SB: 00:58.63 Wezenberg 01/02/2026	
	50 M		
PB	00:58.63		
	00:58.63		
		

Coach feedback:

Event number: 18: 50M BUTTERFLY WOMEN 11-12		Heat:4, starttime: 16:28	
Heat: 4/10 Lane : 1 Athlete: VAN GINKEL KAAT		Q-time: 00:48:70	
PB (50m pool): 00:48.70 Antwerpen 15/03/2026		PB (25m pool): 00:52.07 SB: 00:48.70 Antwerpen 15/03/2026	
	50 M		
PB	00:48.70		
	00:48.70		
		

Coach feedback:

Event number: 18: 50M BUTTERFLY WOMEN 11-12		Heat:6, starttime: 16:30	
Heat: 6/10 Lane : 2 Athlete: CLAES SIEN		Q-time: 00:45:44	
PB (50m pool): 00:48.49 Antwerpen 15/03/2026		PB (25m pool): 00:45.44 SB: 00:48.49 Antwerpen 15/03/2026	
	50 M		
PB	00:48.49		
	00:48.49		
		

Coach feedback:

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Event number: 18: 50M BUTTERFLY WOMEN 11-12		Heat:6, starttime: 16:30
Heat: 6/10 Lane : 8 Athlete: VAN GINKEL LOES		Q-time: 00:45:69
PB (50m pool): 00:45.69 Lago Kortrijk Weide 03/05/2026		PB (25m pool): 00:48.77 SB: 00:45.69 Lago Kortrijk Weide 03/05/2026
	5 0 M	
PB	00:45.69	
	00:45.69	
	

Coach feedback:

Event number: 18: 50M BUTTERFLY WOMEN 11-12		Heat:9, starttime: 16:34
Heat: 9/10 Lane : 2 Athlete: DILLEN LOTTE		Q-time: 00:41:12
PB (50m pool): 00:41.12 Antwerpen 15/03/2026		PB (25m pool): 00:45.77 SB: 00:41.12 Antwerpen 15/03/2026
	5 0 M	
PB	00:41.12	
	00:41.12	
	

Coach feedback:

Event number: 18: 50M BUTTERFLY WOMEN 11-12		Heat:9, starttime: 16:34
Heat: 9/10 Lane : 6 Athlete: DILLEN HANNE		Q-time: 00:41:12
PB (50m pool): 00:41.12 Antwerpen 15/03/2026		PB (25m pool): 00:43.72 SB: 00:41.12 Antwerpen 15/03/2026
	5 0 M	
PB	00:41.12	
	00:41.12	
	

Coach feedback: